

CRISTYN WATKINS, MD

Dr. Cristyn Watkins is the founder, CEO and medical director of aNu Aesthetics™ and Optimal Wellness. She has developed an outstanding reputation in the community as an innovative physician since 2006. She is a double board-certified Family Medicine and Functional Medicine Physician, Certified Master Injector, and National Trainer in Regenerative Medicine. Under her dedicated care since 2010, aNu offers the latest and most innovative treatments in medical aesthetics, body contouring, functional medicine and regenerative therapies for patients in the greater Kansas City area. Dr. Watkins recently launched a new podcast to share her insights and industry trends that can be followed at anuaesthetics.com/podcast.

NORTH
10090 NW PRAIRIE VIEW ROAD • KANSAS CITY, MO 64153

RIVER MARKET
547 GRAND BLVD • KANSAS CITY, MO 64106

816-359-3310 • ANUAESTHETICS.COM

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@ANUAESTHETICSANDWELLNESS

